

# AWAKENING LEADERSHIP

DOWNLOADABLE NEW LEADERSHIP BLUEPRINT FOR YOUTH AND ADULTS

## AUTHOR INTERVIEW:

**Q:** *Awakening Leadership* is not your typical leadership training program.\*

A: It's a human guide toward moving us beyond survivalism so that we *all* can finally begin to thrive. True leadership arises as an inherent quality of a higher state of consciousness. Though leadership courses can train you to behave *like* a leader, it is critical that one first incorporate mindfulness into their lives so that one can access higher consciousness. In the past, leadership, or attaining a higher state of consciousness has been only accessible by a few, but this is changing. Humanity is currently undergoing a huge shift in consciousness.

**Q:** How is it possible that each one of our [viewers/listeners] is a leader, and how would tapping into this change their life?\*

A: Each one of us is a beacon of light if we choose to wake up and become conscious of the power we contain. Every human interaction is an opportunity to mindfully come together to find common ground, and to unite to overcome obstacles and create good. Leadership arises as needed in every moment by ordinary people. It's not just a paid position. Sadly, true leadership mostly goes unrecognized, exacerbated by media that promotes divisiveness and self-glorification for ratings. We can finally reclaim our personal power that we've been unknowingly giving away to others our whole lives.

**Q:** What do you mean by *waking up* and *mindfulness*?

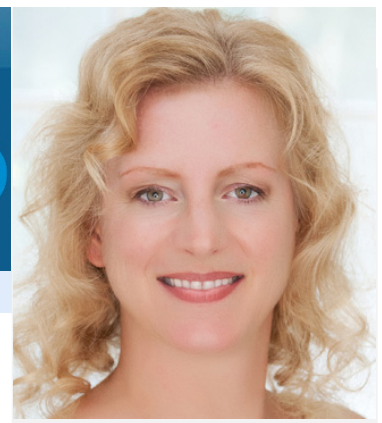
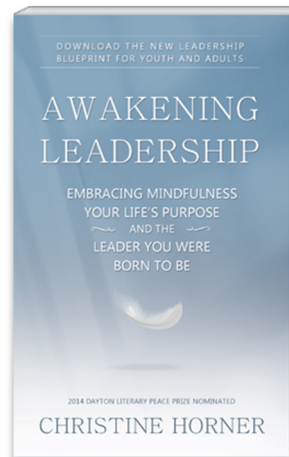
A: To wake up is to become conscious or aware of yourself and the world you live in beyond the egocentric self. Are you aware of your thoughts and actions, or do you re-act instinctively based on culture and conditioning thoughtlessly? Mindfulness is to maintain awareness within the realization that all humanity and our planet are interconnected. Technology has increased responsiveness, but decreased our ability to do so mindfully. Behind a computer screen, it's easy to forget we are all connected and what that means.

**Q:** What does being connected mean to the human race?

A: It's means *response*-ability. Taking responsibility for our own actions, interacting with others responsibly to create long-lasting sustainability, not just short-term personal gains. To ignore the plight of others is to forget the Golden Rule, which is really about sustainability. Your neighbor's well-being affects your own well-being. The new leadership is decentralized, where each person is responsible for the corner of the world they inhabit and the lives they touch.

**Q:** Does reconnecting with the leader within lead us to our life's purpose?\*

A: Once one taps into higher consciousness through mindfulness, what you are passionate about becomes your purpose. You lead right where you stand by working with others



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cooperatively to create a sustainable world. It's not about power over others—it's self-empowerment.

**Q. What if someone isn't interested in being a leader?**

A. Your life's purpose and leadership are synonymous. Most people aren't aware they lead in every moment, by example. Leadership is inherent in your life purpose as part of your own sustainability. As you grow as a person, fear recedes and new opportunities open.

**Q: You've said sustainability a couple of times—leadership is about sustainability?\***

A: In reality, isn't everything about sustainability? The Golden Rule, the Ten Commandments, religion, science, politics, economics . . . Sustainability is all inclusive. If our moral compass was under the single heading of sustainability, we could end the divisiveness that arises by referring to only one of the aforementioned disciplines,

**Q: Why is morality always shifting—is there a universal measuring stick we can apply to all of humanity's problems?**

A: Our values are based on each culture's changing interpretation of only certain aspects of our world, rather than holistically. Does sustainability require interpretation? LIFE.

**Q: Your book includes a rudimentary lesson in critical thinking skills. Why is it necessary we relearn something we should already know how to do?**

A: We've forgotten how to have productive conversation. Ego has hijacked the art of communication to win at all cost. Let's become cooperative, which is sustainability in action. This requires you to look beyond you own backyard and to see the *world* as your backyard. This quality alone defines leadership.

**Q: What inspired you to write this book?**

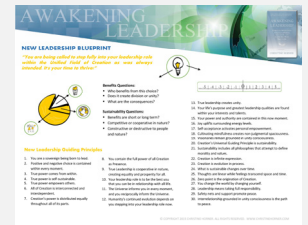
A: Spinning in unproductive circles. I have a friend I've known for over thirty years with whom I like to discuss politics and economics. The last couple of years, we've done nothing but spin around in unproductive circles as he would use my comments to tear apart the point I was trying to make, rather than finding common ground. In my frustration I finally said, "You know, the concept I'm trying to share with you is predominantly positive. Yes, it has negative aspects, but it still has value. I find your behavior predominantly negative." I thought a lot about our conversation after that. His behavior seemed to be indicative of what's tearing this country and the world apart. Thus, the critical thinking skills graph was created, which you can download for free, by the way.

**Q: What is the premise behind the critical thinking skills graph?**

A: All man-made constructs contain positive and negative aspects. The challenge is to create social systems that benefit as many people as possible, Using critical thinking skills and sustainability as our guides, mindful that we are all connected as one, we could transform the world overnight . . .

**Q: When social systems lack sustainability or contain negative benefits, what is our responsibility to each other?**

A: To create safety nets—a critical element of sustainability. If we neglect to provide safety nets, we create instability that will lead to the eventual collapse of what we are trying to create.



## New Leadership Blueprint for Youth and Adults

**\*TOP FIVE INTERVIEW  
QUESTIONS**



**Q: How would our world change if even just our audience awakens to unity consciousness?**

A: You step into your personal power. Self-imposed limitation is removed not only from your life, but the lives of those that you touch. Infinite potential is activated.

**Q: How does your book offer a New Leadership Blueprint?\***

A: The world we currently live in is primarily constructed by human consciousness rooted in the erroneous belief that we are separate from each other—economic systems, politics, even religion. Pretty much all social constructs are upside down. Thus, we've created a world filled with hardship and suffering. Make no mistake, we've created it every ounce of it. Let's turn the world right side up by reunifying. It's cooperative living that will take mankind out of survivalism and into true equality and prosperity so that we can begin to thrive as a species. As technology has surpassed human maturity, the consequences of our immaturity are becoming dire. This means we must ALL step up to the plate to play our part. In reality, no human being can set another free. You must desire it for yourself and become the change you wish to see in the world. This is true leadership and true power—the power that comes from within—sustainability in action.

**Q: Isn't competition a good thing?**

A: Competition divides—always. Cooperation creates win-win instead of win-lose.

**Q: Everyone is looking for real leadership, but the harder we look, the more elusive genuine leadership seems to be. Why is this so, and how is the New Leadership Blueprint going to reconcile this great divide?**

A: The divide is the old leadership paradigm rooted in separation consciousness that says leadership is a few people having power over the majority. The new leadership paradigm empowers the self so that ultimately, you empower others. Decentralizing, each one of us is called to take responsibility for our own life as well as the lives of those we touch.

**Q: What are the specific problems/challenges that this new blueprint can solve?**

A: Every challenge humanity has self-created can be resolved by the youth and adults who actively embrace the New Leadership Blueprint. The world would be transformed overnight if we awaken to the truth that we are all one, and as such, we each are equally empowered human beings with a unique but common purpose—LIFE.

**Q: What are the FIVE key new leadership takeaways for your readers?**

A: True leadership is rooted in Unity Consciousness. Each one of us has an essential role to fulfill to lead humanity into a new era of true equality and prosperity. Mindfulness reconnects us to each other, the planet, and the Unified Field of Creativity where our life's purpose is revealed. In Unity Consciousness, if Earth's prime directive is oneness, its universal guiding principle is sustainability. Sustainability is the new all-inclusive compass that redefines morality, values, the way we care for one another and the planet so that we finally begin to thrive.

**Q: What ONE question do you most often get asked when people meet you or learn about what you do?**

A: Where do you get your experience/ education from? My experience arises out of the same fountain of wisdom that is contained within each of us, if only we tap into it as all great leaders have before us.

